

Haddam



Events

www.eventsmagazines.com

Volume 5 • Quarter 4 • 2012



HEMOCARE
SERVICES



Knock. Knock.

Middlesex Hospital Homecare is here.
For the care you need when you need it at home.

**Nursing Care • Hospice & Palliative Care • Personal Care Services
Rehabilitation Therapy • Chronic Disease Monitoring**

Sometimes the comfort of your own home – with its familiar surroundings and the support of family members – is the best place for your recovery. With Middlesex Hospital Homecare, the compassionate and expert care you've come to expect from Middlesex Hospital can come home with you. We provide a full range of in-home services including skilled nursing, and on-call staff available 24 hours a day, seven days a week throughout Middlesex County and beyond.

For more information, please call 860-358-5600.

 **MIDDLESEX HOSPITAL**
Homecare

www.middlesexhospital.org/homecare

TECHNOLOGY WITH A HUMAN TOUCHSM

First Selectman's Corner

Haddam is officially 350 years old. This is true because the archives of history have attested to her lineage and the State of Connecticut has reaffirmed it by formal declaration, but it is moreover true because the citizens of Haddam have come together in reflective celebration. On September 8, 2012, the trails of time blended with the paths of the present as the townsfolk proudly mapped a roadway to the future. In a display of solidarity, hundreds of marchers gathered at the mouth of one of the town's oldest roads, and with pomp and circumstance wound their way through the sands of time to the edge of the mighty river that divides the beloved town shores. There they proclaimed their rightful place in the history of our State. There they proclaimed their gratitude to the unselfish generations that preceded them. There, with excited voices filled with laughter, they proclaimed their hopes and visions for a brighter future.

We will all remember that day in our own special way. To many of the town elders, it was a bittersweet experience where memories of the past floated through the passages of time like the flashes of headlights during the twilight hours. To some, caught up in the stressful pace of coping in an uncertain world, it was a brief interlude where minds could rest more peacefully, and hearts could beat more slowly; to them, although the celebration was captured with the knowledge that the moment would be fleeting, the sights and sounds of the day

will forever be recalled. To the youth, the hearts and souls of the future of our beloved Haddam, it was a time of learning, expression and adoptive pride; from the ashes of time, through the webs of the present, the day gave them a glimpse of what could be and challenged them to build from the hardships and strengths that have now been laid at their feet.



Paul DeStefano

A celebration in its purest form is based on accomplishment. For 350 years, the Town of Haddam has measured its accomplishments in many different ways. Whether those accomplishments have been judged by the ascending value of its economic, social, or spiritual determination, one thing is for certain - the path has not been without peril. If adversity is truly the mother of invention, then our town should be held in the highest esteem and love by the children of generations that were carefully nurtured and taught the skills of survival. From our rugged beginnings, through the peaks and valleys of her evolution, Haddam has conquered the need to reinvent herself time after time after time; and today, in the midst of a declining

Continued on page 3

UNMATCHED VALUE - COME SEE FOR YOURSELF!



Unmatched Value in Senior Living is Closer Than You Think!

Gracious Retirement Living ~ Quality Assisted Care

- Colonial-style manor, nestled near the CT River
- Spacious apartments and extraordinary common areas
- A wide range of activities and social opportunities
- Dynamic team of professionals and caregivers


To learn about our very reasonable monthly rental fees, call 860-345-3779 today for a private tour.




An Assisted Living Retirement Community
1556 Saybrook Road, Haddam, CT

www.thesaybrookhaddam.com

POLITO & QUINN
TRIAL LAWYERS
Serving Connecticut and Rhode Island




Humbert J. Polito, Jr., Esq.
Admitted in CT & RI




Michael J. Quinn, Esq.
Admitted in CT

CELEBRATING
10 years

AND 22 SUCCESSFUL YEARS
PRACTICING TOGETHER



Connecticut **"Super Lawyers®"**
for 7 consecutive years
and U.S. News **BEST LAW FIRM**



(860) 447-3300 | www.politoandquinn.com

Wrongful Death • Medical Malpractice • Automobile Accidents



Bernadette Aleksey, DVM, CVA

1721 Saybrook Road, Haddam, CT 06438

www.AdorablePetsVet.com

860.554.5588

f: 860.554.5582

e: DrBernie@Comcast.Net

Call to order your Pet's Birthday or Holiday Gift Certificates

Comprehensive Veterinary Care At Your Convenience

Integrative Veterinary Medicine & Home Visits

Monday, Thursday, Friday, Saturday 9 am - 7 pm
Sunday noon - 6 pm

Eddies

AUTO BODY

SPECIALISTS

*"Serving Our Community
Since 1956"*

860-873-9044

www.eddiesautobodyct.com

**2 Matthews Drive
East Haddam 06423**

The Shoppes on Union & Main

A unique shopping experience where we bring comfort, relaxation and beauty to you.

My Fair Lady women's clothing... finding the woman within

Flowers Forever european bouquets ~ gifts for everyone

Sissy's Cupcakes & Café 860-322-4232
cupcakes, coffees, teas, special european treats and light fare. Available for parties.



246 main street
deep river, ct 06417
860.333.7851

Bring in this ad and receive
10% off in any or all stores.
Offer valid one visit per store

Selectman's Corner ... continued from page 1

economy that directly affects our resources, a divided national ideology that pulls at our moral principles, and the dimming of the lights of opportunity for our children, one could argue that the challenge of reinvention has never been more severe.

For me, this 350th anniversary is a time to reflect. It gives me the opportunity to think about just how grateful I am to the people who, with great sacrifice, forged the path for us to follow. It reminds me that it is now our turn to clear that path even further with a responsibility of stewardship for those that will follow us. We have been truly lucky to have been the heirs of such unselfish forefathers, but we will need much more than luck to conquer the challenges that loom in our midst and test our resolve. On September 8, 2012, we heard the voices of our past urging us on to be the very best that we can be. Will we still hear those voices next week.....next month....next year? Will we still feel the pride of that beautiful space in time that brought us together in solidarity? Will we look past the daily struggles and focus on the future? Will we listen to the voices of the present and truly hear the needs and the ideas of our neighbors and friends with open minds and giving hearts? Will we be able to accept the larger voice of the people even if it does not line up fully with our views?

If the answers to those questions are even moderately positive, then we really do stand a very good chance of forging a

strong foundation for the future, we stand a very good chance of promoting the kinds of opportunities that will open the door to a better quality of life for us and our children, and we stand a very good chance of fulfilling our obligations to those that passed before us.

Paul DeStephano, First Selectman

Want to
Advertise?

Call Betty Martelle
at
860-333-7117

Cosmetic Dentistry

**NEW PATIENTS
WELCOME!**

Evening hours available



We provide gentle, quality care
in an atmosphere of concern,
comfort & understanding for
you and your entire family

Financing
arrangements available.

Keith E. Campbell, D.M.D.
212 Saybrook Road, Higganum
860-345-2282



ARCHAMBAULT INSURANCE, INC.

Personal &
Business Insurance

2 North Main Street
P.O. Box C
Chester, CT 06412-0362



(860) 526-9587

Fax: (860) 526-2412

www.archambaultinsurance.com

Haddam Little League



Accepting the 2012 New Britain Rock Cats Hit-Run-Throw Contest prize, front row l-r: Sean Donlan, H-R-T Champ Drew Donlan, Rock Cats President John Willi. Back row: Haddam Little League officials: Ralph Rand, Pam Sculley, Bill Bowles and Mike Foley.

**Grist Mill
Country Market**

HIGGANUM
311 Saybrook Road
860-345-4500

FRESH MEATS EVERY DAY!

Hot Prime Rib Sandwiches
every Monday, Wednesday & Friday

HOURS

Higganum: Monday - Sunday 8 a.m. to 8 p.m.



Like us on
Facebook
for weekly
specials



On May 19th, representatives of the Minnesota Twin's Double-A affiliate New Britain Rock Cats conducted an annual Hit-Run-Throw contest at Haddam's Great Hill Athletic Complex. Similar contests were repeated at Little League fields all over Connecticut as players tested their skills early in the Spring baseball season. Contest finalists from all of the various Little Leagues competed in multiple rounds of competition held at the Rock Cats' Stadium prior to home games throughout the summer. By the end of the long, hot summer, Haddam resident Drew Donlan had surpassed all others to win the competition and as a result the New Britain Rock Cats donated \$1,000 to the Haddam Little League. At a Rock Cats pre-game ceremony on August 31st, Drew Donlan, with family, friends, and thousands of baseball fans in attendance, proudly accepted the \$1,000 donation. This is the second Haddam Little League player to win this state-wide contest as Kyle Crandall won in 2011. Congratulations to Drew Donlan for a job well done!

Haddam Little League is currently in full swing for the fall baseball season. Visit our website for more information about game times and upcoming activities.

Christmas in the Country

Haddam's 2nd Annual "Christmas in the Country" event will be held on Saturday, December 1st, 5 to 8 p.m.

Last year's event was a huge success, with something for everyone in the family, and this year's will be even bigger and better! The event is sponsored by the Higganum Vision Group, Haddam Jr. Woman's Club, and the Haddam Masons along with other community groups. It will be held at the Community Center & Higganum Green with both indoor and outdoor activities. Festivities will include a craft/gift fair, canned food drive, children's activities, caroling, and Mr. & Mrs. Santa Claus will be in attendance. The village center's atmosphere will be joyous and bright, with even more lights than last year! Stay tuned for more information, and we hope to see you there!

Volunteers are needed to help decorate Higganum's village center. Please contact Cindy Sola at (860) 345-3919 or (860) 301-9683.

Haddam Volunteer Ambulance

Haddam Volunteer Ambulance Service Marks its 35th Anniversary

This year marks an important year in HVAS history as we celebrate our 35th anniversary of responding to the medical needs of our residents. The Haddam Volunteer Ambulance Service was founded in 1976 and incorporated in 1977 by a group of concerned private citizens in order to provide an appropriate level of emergency care to the residents of Haddam and Higganum. To this day, some of the founding members are still actively involved with HVAS.

Today our volunteer corps has 18 highly trained EMS personnel who take duty hours 365 days a year including holidays and weekends. Our medical members train monthly and attend special recertification courses. HVAS also benefits from the work of its Auxiliary, a dedicated group of individuals who assist the service in non-medical areas, thereby allowing our technicians to devote more time to training and other duties.

As we celebrate our 35th Anniversary, the Haddam Volunteer Ambulance Service looks forward to serving the residents of our community for many years to come.

We at The Haddam Volunteer Ambulance Service, Inc., are your "Friends for Life" and are always looking for volunteers interested in serving the residents of our town. For additional information, please contact us at (860) 345-2500 or visit our website at www.haddamambulance.org.



We're proud to support the people and events that keep this a close-knit community.

HADDAM 116 Bridge Street 860-345-2453	HIGGANUM 26 Killingworth Road 860-345-4605
---	--

LIBERTY BANK

Make a Statement.™

Member FDIC Equal Housing Lender



Roseann Annino
Hair Stylist
(860)391-1193

cutting, color and texture,
hair extensions and feathers,
professional services and products.

I look forward to seeing you.

Monday - Saturday
Call for an appointment
(860)391-1193

39 Lords Lane
Off Main St./RT154
Deep River, CT

anninohair@att.net
www.facebook.com/RoseannAnninoHairStylist

Events

MAGAZINES



Haddam Events
Haddam Town Office Building
30 Field Park Drive
Haddam, CT 06438

TM Ventures, LLC
dba **Essex Printing & Events Magazines**
18 Industrial Park Road, P.O. Box 205
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
www.essexprinting.com

Publisher
William E. McMinn

CFO / Manager
Suzanne Spires

Editor / Art Director
Kathy Alsop
kathy.events@comcast.net
860-391-4372

Cover Editor
AC Proctor
860-767-9087

Advertising Sales
Ward Feirer
wfeirer@gmail.com
914-806-5500
Betty Martelle
betty@eventsmagazines.com
860-333-7117

John Vento
jvento@eventsmagazines.com
203-907-8689

Magazine Layout
Amy Bransfield

Cover Credit
Photo by AC Proctor

www.eventsmagazines.com

163,000 READERS
12 TOWNS
EVERY QUARTER

Copyright © 2012 Events Magazines. All rights reserved.
No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system without written permission.
Not responsible for omissions or typographical errors.

Essex Printing Unveils New PlateWriter



The PlateWriter 3000 offers our clients digitally accurate registration and the highest quality imaging. As a result, our clients receive the benefit of accurate registration as well as the quality of offset printing. The new PlateWriter carries forward our environmentally friendly approach to plate making and printing. It delivers press ready plates without the use of any chemicals or chemical processing (and, therefore, no chemical disposal costs). It also has the lowest energy usage output in its class and requires no water supply. Bill McMinn, President of Essex Printing, stated: "We are very excited about the new PlateWriter because our customers will receive the benefit of higher quality imaging and product. Plus, it allows us to deliver an environmentally friendly product."

From the Assessor's Office

State of Connecticut Homeowner's (Circuit Breaker) and the Town of Haddam Senior Abatement Program

The application period for these exemptions is February 1, 2013 to May 15, 2013. Persons who file must be 65 years of age or totally disabled. Please call the Assessor's Office at 860-345-8531 to make an appointment or to discuss your qualifications.

Additional Veteran's Exemption

The application period for Additional Veteran's exemptions is February 1, 2013 to October 1, 2013. Please call the Assessor's office at 860-345-8531 to make an appointment or to discuss your qualifications.

Proof of income is required when filing for the above programs. Income includes all taxable and non-taxable income as well as social security income. Exemption forms for the Totally Disabled and for the Blind are available in the Assessor's Office.

If you have any questions please do not hesitate to call us at 860-345-8531

Marilyn R. Baumann, CCMAI, Assessor
Tammy Anderson, CCMAI, Assistant Assessor



BUY AHEAD PROGRAM 2012 - 2013

Valid to first 100 Customers

Number of Gallons *\$3.59	Price per Gallon if Paid by Credit \$3.64	Price per Gallon if Paid by Check \$3.59
600 min	\$2,184.00	\$2,154.00
700	\$2,548.00	\$2,513.00
800	\$2,912.00	\$2,872.00
900	\$3,276.00	\$3,231.00
1000	\$3,640.00	\$3,590.00
1200	\$4,368.00	\$4,308.00

Cap & Budget Programs Available (call office for further information)

Three Generations. Over 60 Years of Continuous Service.



Automatic Delivery • Burner Installation • 24 Hour Emergency Service

Why should you pay a FEE to enroll in a program?

We offer better programs at better prices.

Moroni's never has and never will charge you a FEE to buy oil from us.

447 Spencer Plains Road / Westbrook, CT 06498

860-388-2298

fax 860-388-5557



CT LIC: 302002 382854 201817 HOU# 0000591

Visit moroniloil.com to save 10-25% off your electric bill

Healthy Eating through Healthier Habits for Seniors



Seniors are encouraged to eat as many fresh fruits and vegetables as possible every day.

We all know that our tastes have changed over time. The things we like now – clothing, hair styles, cars, and so on - most likely are different today than they were 20 or 30 years ago. It stands to reason, then, that our overall diet should evolve as well (from necessity as well as preference).

As we age, the make-up of what we eat becomes more and more important to our bodies and our overall well being. With proper nutrition, we are better able to manage health issues such as high blood pressure, cholesterol and sugar levels.

We also reduce or eliminate common ailments such as swelling and inflammation, poor digestion, and low energy.

While many seniors find themselves on some type of “restrictive” diet, this does not have to mean the end of enjoying a good meal. In fact, with better food labeling and an increasing selection of healthier foods in grocery stores, eating better really is easier - and tastier - than ever. Here are some tips to help get in the habit of shopping and eating well:

Fresh is best when it comes to fruits and vegetables, and frozen is second best (avoid high-salt or sugary canned foods). The fiber and vitamins in popular favorites such as apples, blueberries, plums, broccoli, cauliflower, and avocados provide countless benefits. Enjoy these foods raw, steamed or sautéed in a little olive oil.

Brown (whole grain) is better when it comes to breads, pasta, rice and cereals. For potatoes, sweet ones are far more nutritious than white.

Choose lean, high-protein foods such as fish, turkey, pork, beans, peas, nuts, for higher energy and better bone health.

Eggs, cheese and milk have calcium that is also beneficial to bone health. However, these foods should be avoided if cholesterol levels are a concern.

Use olive oils or soy-based margarines instead of butter whenever possible, to keep cholesterol counts down.

Choose water over high-sugar drinks and fruit juices.


Instead of canned soups or frozen dinners, keep bagged salads, canned tuna, and low-fat yogurts on hand for quick meals.

If you live in a retirement community, discuss your diet with the chef, nutritionist, or nurse. They will make recommendations for you and prepare foods that meet your special needs.

By adopting better eating and shopping habits, we can find the best balance of foods that keep us healthy and help us enjoy a great (and delicious) quality of life.





By Kathy Ryan, Executive Director

[Kathy Ryan is executive director of The Saybrook at Haddam (www.thesaybrookathaddam.com), located at 1556 Saybrook Road in Haddam 860-345-3779.]



SAPIA BUILDERS, LLC

www.sapiacorp.com

General Contractors, Custom Homes, Additions, Renovations & Remodels

Essex, CT
860-304-8383

Happy Holidays
from all of us at
Events Magazines!

Youth and Family

Grant Awarded - The Substance Abuse and Mental Health Services Administration (SAMHSA) has awarded the Youth and Family Services of Haddam-Killingworth, Inc. a grant in the amount of \$48,258 for the Healthy Communities-Healthy Kids Coalition (an initiative of YFS) to prevent underage drinking through the Sober Truth on Prevention Underage Drinking Act (STOP ACT) grant program. The STOP ACT grant program provides funding for community based coalitions throughout the country to prevent and reduce alcohol use among youth ages 12-20. The program strengthens collaboration among communities, as well as state, federal, local and tribal governments in efforts to instill an active commitment to prevent underage drinking.

"Underage drinking is a major public health problem which endangers the health and lives of our nation's young people and others," said SAMHSA Administrator Pamela S. Hyde. "The STOP program is based on the simple truth to effectively address this problem we need to educate and persuade kids not to risk their health and futures through underage drinking." The Coalition may receive up to \$50,000 annually over four years.

The Healthy Communities-Healthy Kids Coalition (HC-HK) has been dedicated to preventing and reducing substance abuse, other risky behavior and promoting the wellness of the community. Representatives from all twelve sectors of the community are involved in the Coalition. They include youth, parents, businesses, media, school personnel, youth-serving organizations, law enforcement agencies, religious/fraternal organizations, civic/volunteer groups, healthcare professionals, government and other substance abuse organizations. Please attend the next meeting on November 15 at Haddam Killingworth Middle School at 8 a.m. in the Media Center. For more information about the coalition, visit www.hc-hk.org.

Counseling - Youth and Family Services of Haddam-Killingworth currently has openings for individual, family, couples, and group therapies. Please call the Director of Clinical Services Rachael Leombruno at 860-345-7498 for more details or to schedule an appointment.

Girls Night Out - Topics will also include the importance of maintaining a positive body image and how to deal with difficult situations which may arise. This program is for girls in the 4th and 5th grades and their mothers/care takers. Patty Cournoyer, a health educator facilitates this course. Thursday, November 8, from 6 p.m.-8 p.m. at the Killingworth Library. Thursday, November 15 from 6 p.m.- 8 p.m. @ the Brainerd Library in Haddam. Cost is \$25 per pair. This includes resource materials, goodie bags, and a pizza dinner! Call Youth and Family Services of Haddam Killingworth, Inc. at 860-345-7498 to register. Space is limited.

Divorce Support Group - Are you in the process of divorce, newly divorced, or struggling with unresolved issues related to a divorce that occurred a while ago? This group offers emotional support, information, and resources. Tuesday Evenings 6:30 - 8:00 p.m. Central Office Regional School District 17, room A116/Career Center - Open Enrollment. Sponsored by Youth For more information call Carolyn or Chelsea at 860-345-7498 for details.

Stuff a Cruiser in Haddam and Killingworth - Please donate new toys/gift certificates for residents of Haddam and Killingworth on Saturday, November 12, 2011 from 10 a.m.- 2 p.m. Higganum Green in Higganum Center, Killingworth at the Killingworth Transfer Station. Refreshments served. Please remember our teens during this holiday season as well as young children. If you need ideas, please call Youth and Family Services at 860-345-7498.

Youth and Family Services Holiday Giving Program - The holiday giving program is available for needy families in the Haddam-Killingworth community. For more information about how you can donate, or to register for this confidential program call 345-7498 and ask for Ann.

PediaVision Screening - The Early Childhood Council, in collaboration with the Killingworth Lions Club, will be offering a free vision screening program for children ages 2-5. Hilary Kunnick is coordinating the program for the Lions. PediaVision Screening is one of the vision programs that the Lions Clubs International Foundation offers worldwide. For more information call HKYFS at 860 345-7498 or email Cynthia@hkyfs.org.

This year's G.I.V.E. group - has started at Haddam Killingworth Middle School. We are looking for new members! G.I.V.E. is a community service and leadership club where students participate in worthwhile projects dedicated to the improvement of our community. This club offers students the opportunity to develop leadership skills by planning and implementing community service projects. Past projects have included collecting holiday gifts for underprivileged children and blazing a trail between Haddam Killingworth Middle School and the Killingworth Community Gardens. This club meets every Thursday from 3:00 - 4:15 p.m. in room B108 (Mr. Thomas' room). Please join us.

Cheryl B. Chandler, Executive Director
Youth and Family Services of Haddam-Killingworth, Inc.
P.O. Box 432, 91 Little City Road, Higganum, CT 06441
860-345-7498 (Voice) 860-345-0049 (Fax)
cheryl@hkyfs.org www.hkyfs.org

[Youth & Family Services of Haddam-Killingworth, Inc. is committed to enhancing child and youth development enriching families, and promoting healthy Haddam and Killingworth communities.]

Fall Programs at HK Recreation

The Haddam-Killingworth Recreation Department is offering many fun and exciting programs this fall. Please visit our website at www.hkrec.com for more detailed information. New this year... on-line registration! Visit our website and see how you can set up your household account for easy registration.

Upcoming fall programs include pre-school programs.

Critter Road Show - Wednesdays, 10:00 am

Snakes (11/14)

Imagination Stations (Thursdays, 10:00 am starting 11/1)

Tumble Tots (Tuesdays, 9:30 am starting 11/13)

Pee Wee Soccer (Tuesdays, 3:45 pm, starting 11/13)

A variety of Youth and Teen programs will be offered:

Creative Kids (Wed. at BES at 3:30 pm, starting the week of 11/7)

Gymnastics (Tuesdays at BES starting 11/13)

Cheerleading (Wednesdays, 5:30 pm, starting 11/7)

Young Chefs of HK (Wednesdays, 4:15 pm - 11/7, 12/5)

Babysitting Classes (Thursdays starting 11/1, 6:00 pm)

Jr. Robotics to the Extreme (Thurs. at HES starting 10/25)

Swim Lessons (T/Th starting November 13th)

Chemical Reaction (Thurs. at HES starting 11/29)

SAT 101 (November 27th & 29th, 5:00 pm)

An all-day childcare program will be held on Tuesday, November 6th (Prof. Development Day) and Monday, November 12th (Veteran's Day)

Adult programs this fall include:

Zumba (Mondays and Wednesdays starting 11/5)

Get Fit (Mondays and Wednesdays starting 11/5)

Aqua Aerobics (Mondays and Wednesdays starting 11/5)

Fitness Yoga (Tuesdays and Thursdays, 7 pm)

Adult Semi-Private Swim Lessons (Tuesdays and Thursdays starting 11/13)

Men's Fall Basketball (Sundays 12 - 2 pm)

Excursions:

Holiday Extravaganza featuring Christmas in Hawaii, Christmas Tree Shops, and Bright Nights on December 6th.

Discount Tickets to the CT Science Center are available all year-round.

For more information about any of our programs, please call the Haddam-Killingworth Recreation Dept. at 860-345-8334 or visit www.hkrec.com.

Higganum Dental Associates

Not Your Typical Dentist Office...

We COMBINE High-tech Equipment and Old-fashioned Service, where patients are treated like Family.

We are caring professionals who together have almost 60 years of dental health experience. We've seen dental care evolve from filling cavities with silver to placing beautiful white composite restorations and porcelain onlays and crowns.

Tooth-whitening and ultra-thin veneers now allow us to shape and brighten your smile.

More importantly, the technology of today enables us to provide these services to you more efficiently and comfortably than ever before.

Kevin D. Cross, D.D.S. ~ Dale E. Wilcox, D.M.D.

415 Killingworth Road, P.O. Box 335, Higganum, CT 06441

Fax: 860-345-4483 Phone: 860-345-4538

Visit our website at www.higganumdental.com



Haddam Killingworth Project Graduation

WHO WE ARE - Project Graduation is a non-profit, volunteer group that has been in existence for 24 years. Our mission is to provide Haddam-Killingworth High School's Senior Class an all-night, substance- and alcohol-free, activity-packed graduation party on the night of graduation. High school graduation night typically has one of the highest rates of alcohol and substance-related accidents nationwide. Over the past twenty-four years, Project Graduation has hosted over two thousand Haddam-Killingworth High School graduates and our communities have not experienced a single graduation night tragedy.

WHAT WE DO - The Committees of Project Graduation work from September to June planning and fundraising. During the winter months, the entertainment and decorations committees go to work in earnest, setting up the activities and creating the decorations that will transform the field house for the celebration. On the night of graduation, nearly 100% of the graduates arrive to enjoy unlimited food, entertainment, activities, sports and prizes.

HOW WE DO IT - Community members volunteer their time to Project Graduation and to our various committees: from fundraising to publicity, entertainment to clean up. These volunteers chaperone, decorate, shop, plan and organize the event. Community members and businesses also

donate goods, food items, beverages and funds.

WHAT WE NEED - Your support: we need volunteers to join our committees; we need a co-chairperson for our decorations committee and volunteers for all our committees. We also need your financial support. The cost per student is approximately \$130. Although both H-KHS and the Board of Education support this event, they do not provide any financing. Our funding comes entirely from fundraising activities and generous donations from our communities. Please support our gift-wrap fundraiser, personal electronics recycling program and watch for other fundraising events throughout the year.

The HKHS Project Graduation 2013 Committee is seeking your help this year for our 24th year of Project Graduation. Are you looking for a way to give back to your town? Come join our committee, we meet the 2nd Tuesday of the month at 7 pm in the Lower Media Center of the high school. We are seeking parents of students, community members, past graduate parents. You don't need to be able to attend all our meetings to be on the committee. We are in need of a decorations/setup committee. If you are interested in joining any of these committees, please contact Kaycee Blancaflor at KCCallahan@uks.com. Our next meeting is Tuesday, November 13 at 7 p.m.

DEDICATING OUR ENERGY

to reducing the bills for yours.

Stay comfortable inside, no matter what happens outside. In our eyes, nothing is more valuable than feeling comfortable. Especially when it comes to making a Bryant® equipment purchase. And with a 10-year parts limited warranty* and high-efficiency performance, the Evolution System delivers the long-lasting comfort you depend on and the energy savings you deserve.

*Timely registration required for 10-year parts limited warranty. Limited warranty period is 5 years for parts if not registered within 90 days of installation. Jurisdictions where warranty benefits cannot be conditioned on registration will receive the registered limited warranty period.

Bentley Heating and Air Conditioning
a division of Wilcox Energy

1179 Boston Post Rd • Westbrook, CT 06498
 860-388-1967 • 888-388-1967
www.bentleyheating.com

**We Offer
 Propane & Oil
 Delivery & Service.**

bryant

Heating & Cooling Systems

Bryant Bonus rebates up to \$1,250 on qualifying systems this fall.

Act quickly, rebates available now through November 15, 2012 only. Ask us about easy payment plans.

Rebates paid only on qualifying products and system rebates, range from \$0-\$1,100. When an Evolution® Perfect™ Air Purifier is added to a system rebate, qualifying systems range from \$150 - \$1,250.

Whatever it takes.®

**RELIABLE PRODUCTS.
 DEALERS WHO CARE.**

www.bryant.com

The Brainerd Memorial Library

Friends of the Brainerd Memorial Library suspend book donations.

Unfortunately the Friends of the Brainerd Memorial Library cannot accept any more used book donations until further notice. A large selection of fiction and non fiction books for adults and children is currently available for very reasonable prices. Come in soon.

Call for Exhibitors

Do you have a special collection or hobby you would like to display at the library? If so, we have openings for our display case in 2013 starting in February. The display case is located at the library's front entrance and is enjoyed by the many patrons visiting the library. Please call Beverly Radziwon at 860 345-2204 if you would like to do a display.

Holiday Closing

The Brainerd Memorial Library will be closed November 22nd and November 23rd for the Thanksgiving holiday. We will reopen on Saturday November 24th.

Upgrading of the Library's Computer Management System

LION and the Brainerd Memorial Library are upgrading the library computer management system. On Tuesday, November 27 the library system will be down all day. If you try to access the library online catalog through the website www.brainerdlibrary.lioninc.org it will be unavailable. You may also be unable to access some databases. We are sorry for any inconvenience this may cause.

Online Program Registration Available at the Library

The Brainerd Memorial library now offers online registration for their adult, teen, and childrens programs. Go to our website and click on the program calender to the right of the screen for the date of the program you wish to register for. Then click on the program title, click on the register online button, fill in the required info, click on register button, click on remind me a few days in advance of the program if desired. The system will then email you a confirmation, remind you of the program a few days in advance, and also let you know if the program is cancelled. You can also come in to the library or call us at 860 345-2204 to register.

High School Students - Catch the Bus to the Brainerd Library

Beginning on October 2 HK High School students may ride a District 17 school bus to the Brainerd Memorial Library after school. They may come in to do their homework, use a computer, read a newspaper or magazine, or check out a book, CD or DVD. Students must bring a permission note from their parents to the school in order to ride the bus to the library. Students can ride the bus to the library Tuesday through Thursday, when the library is open from 10:00 am to 8:00 pm and on Friday, when the library is open from 10:00 am to 6:00 pm. Remember that the library is closed on Monday. Students will need to arrange for their own ride home from the library.

Try a Wireless Laptop Computer

The library now has 2 wireless laptop computers that may be checked out for use in the library. In order to borrow one of the laptops, people must bring their library card and a license or other photo ID. Students must bring a library card and either a license, a school ID or other photo ID. Younger students, who do not have a photo ID, will need to be accompanied by a parent with a license or other photo ID.

Bev Radziwon

HIGGANUM VETERINARY CLINIC

DOGS ~ CATS ~ BIRDS ~ EXOTICS

Dr. Leroy Holdmeyer
92 Saybrook Road
Higganum, CT 06441

Office Hours by Appointment

phone **860.345.3366**

fax 860.345.2557

www.higganumvetclinic.com

Alternative Medicine for Pets

What can we do if we are concerned about drugs and veterinary medical treatments that are not working for our pet?

“Sometimes you have to think outside the box, consider integrative veterinary medicine: acupuncture, Chinese herbs, and laser therapy”, says Dr. Bernie Aleksey.

Most pets do very well during an acupuncture session. The stimulation of nerve endings by the needles creates a set of endorphin responses in the body unique to acupuncture.

Alternative treatment can be a wonderful addition to any traditional treatment plan. Many pet owners look to acupuncture for musculoskeletal issues, like arthritis. Acupuncture can also be extremely beneficial in treating allergies, gastrointestinal issues, and other



medical conditions.

Dr. Bernie also uses the Companion Therapy Laser to reduce pain and inflammation, as well as increase the speed of healing.

Chinese herbs are chosen to work by themselves or in conjunction with both traditional and alternative veterinary treatments.

The initial consultation for alternative therapies may last up to an hour. Follow-up acupuncture and laser therapy sessions typically lasts 20-30 minutes. Since each patient is unique,

treatments vary depending upon the nature, severity, and duration of the illness.

Call 860-554-5588, email DrBernie@comcast.net, or visit www.AdorablePetsVet.com for more information.

MARK REEVES, BUILDER 860-388-3825

Give her a new kitchen for Christmas!

- NEW HOMES
- WHOLE HOUSE REMODELS
- ADDITIONS
- KITCHENS
- BATHROOMS



- BASEMENT CONVERSIONS
- SIDING & WINDOWS
- ENTERTAINMENT CENTERS
- FLOORING
- GENERAL REMODELING

MARKJREEVESBUILDER@COMCAST.NET
WWW.MARKREEVESBUILDER.COM
 CT LIC. # 538583 & 10263 FULLY INSURED

Long Term Care Services

Aging and Disability Resource Centers

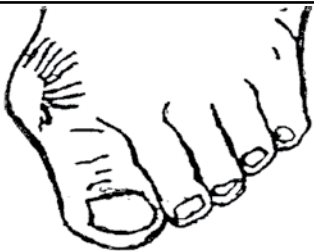
Most people will need assistance with activities of daily living at some point in their lives, whether due to aging, injury, illness or disability. Knowing what kind of help is needed and available and how to obtain it is not an easy task. Whether you need help now or are exploring future options for yourself or a loved one, this web site can assist you. The goal of this web site is to provide you easy access to comprehensive information on private and public long-term care (LTC) services and supports in Connecticut, including: Home Care, Community Care, Housing, and Residential or Nursing Home Care. Helpful information is also available for those who provide care and for people interested in the options for planning for their own future needs.

It's important to know you are not alone. There are many resources and organizations to assist you. Go to www.ct.gov. Click on Living, then Long Term Care. If you can't find the information you need on this website:

- Call Infoline by dialing 2-1-1
- Call CHOICES at 1-800-994-9422, if you are 60 years of age or older, or want to acquire information on services and programs for individuals 60 and over.

www.ct.gov

Haddam Foot Care Specialists



Stuart L. Jablon, D.P.M.
Podiatrist • Foot Specialist
Board Certified

“MEDICARE ASSIGNMENT ACCEPTED”
Complete Medical & Surgical Treatment of the Foot

- Sports Medicine
- Geriatric Foot Care
- Diabetic Foot Care
- Arthritic Feet
- Skin Conditions
- Flat Feet
- Heel Pain
- Wound Care
- Fracture/Dislocations
- Sprains/Strains
- Bunions
- Hammertoes
- Infections
- Fungus Nails
- Plantars Warts
- Plantar Fasciitis

House Calls Available For Senior Citizens!
By Appointment Only
1606 Saybrook Road (Tylerville), Haddam, CT 06438

860-345-3674

Office Hours: Tues. 1:30 - 6:00; Friday 9:00 - 5:00

Presidential Election

November 6 - all 3 voting locations are open from 6:00 a.m. to 8:00 p.m.

On November 5, 2012 from 9:00 am to 5:00 pm, The Registrar of Voters will hold a limited registration session to admit those seeking to vote in the November 6 Presidential Election, whose qualification as to age, citizenship or residence was attained since October 30, 2012. Note: for a non-registered voter, a Presidential Ballot application may be obtained from Haddam Town Hall, Town Clerks office up to Election Day, November 6, 2012 from 6:00 am to 8:00 pm to vote for the President and Vice President.

The office of the Registrar of Voters has moved from Haddam Town Hall to: Haddam Firehouse Complex, 439 Saybrook Rd. (Rte 154), Higganum, CT 06441.

Our mailing address will remain the same: Haddam Town Hall, Registrar of Voters, 30 Field Park Drive, Haddam, CT 06438. Phone: 860-345-0979. E-mail address: registrar@haddam.org.

To find your voting location and up-to-date information, please check our web site: haddam.org and click Registrars of Voters.

Office hours at the Haddam Firehouse:
Wednesdays 9:00 a.m. to 1:00 p.m.

Haddam's 3 voting locations are open for all elections and referenda:

*District # 001
Haddam Firehouse Community Hall
439 Saybrook Rd. (Rte 154)
Higganum, CT 06438

*District #002
Regional School District #17
Central Office (former middle school)
57 Little City Rd.
Higganum, CT 06441

*District #003
Haddam Neck Firehouse
50 Rock Landing Rd.
Haddam Neck, CT 06424

*Curbside Voting will be available at all polling places

*Raymond Skarsten and Saralyn Twomey
Haddam Registrars of Voters*

Foley FURNACE INC.

Home Heating Oil

- ◆ Central Heating & Air Conditioning Systems
- ◆ Residential & Commercial Duct Systems
- ◆ Service & Installations

860-526-5244
860-345-3218



CT Lic. # 51-395107
C.T Lic. # SM1-1954
C.T Lic. # SM1-1980



Middlesex Community Garden

UConn Extension's Model Community Garden Expands Demo Capability

The UConn Extension Model Community Garden, a 900-square foot plot on the Middlesex County Extension Center grounds, was designed as a teaching and learning garden for Master Gardeners to exhibit various gardening practices, techniques and tools that can be applied to the individual home garden. Each year, the Master Gardener volunteers who manage the garden enhance its demonstration capabilities. In the past few years, the group has built a 3 bin compost system and a cold frame, and purchased a compost tea brewer.

While the garden soil texture at the Extension Center is easily workable - it lacks the rocky characteristics many CT gardeners have to grapple with - the soil does not hold moisture well, making watering a significant challenge, especially during the drier periods of the growing season. "We've struggled with keeping the garden appropriately watered since it was created in 2007," explained Maureen Gillis, who co-leads the volunteer group. "After using a variety of soaker and other systems, all of which required significant monitoring, we decided an automated system was the 'must-have' improvement for this year." With a generous donation of labor and key components from Jordan Brook Irrigation of Waterford, CT, an outreach grant from the Connecticut Master Gardener Association (CMGA), Extension staff support, and the hard work of several Master Gardener volunteers, a new system will be ready for use and public demonstration by spring. The system, which includes an electrical component as well as four-zone watering, monitors rainfall and supplies the appropriate amount of water for the various crops grown.

Produce grown by the Master Gardeners at the Model Community Garden is donated to Amazing Grace Food Pantry and St. Vincent DePaul Soup Kitchen. If you are interested in learning more about the Master Gardener program, visit their website at <http://www.ladybug>

[.uconn.edu/](http://uconn.edu/). Applications for the 2013 class, which begins in January, are currently being accepted. The public is encouraged to stop by the demonstration garden (1066 Saybrook Road, Haddam) or arrange for an educational tour. Contact Chantal Foster at chantal.foster@comcast.net for more information.



Master Gardeners Tom Kalal and Fern Martin and Jordan Brook employees Mike Steble and Lou Mengbi complete the water connection from the Extension building to the Model Garden.



**ROADS
BRIDGES
SITE PLANNING
WATER SUPPLY
WATER RESOURCES
MUNICIPAL ENGINEERING SERVICES
WASTEWATER COLLECTION & TREATMENT**

Nathan L. Jacobson & Associates, Inc.
Nathan L. Jacobson & Associates, P.C. (NY)
86 Main Street P.O. Box 337 Chester, CT 06412-0337
Tel 860.526.9591 Fax 860.526.5416
www.nlja.com
Consulting Civil & Environmental Engineers Since 1972



PETER H. CHARBONNIER **860.526.1780**
ESQ, LLC **97 MAIN ST. • CHESTER**

I look forward to addressing your concerns in the following areas of law...

REAL ESTATE Refinance • Purchase • Sale • Reverse Mortgage • Landlord/Tenant

SMALL BUSINESS Formation • Consulting • Purchase • Sale • Corporation • LLC

WILLS & TRUSTS Probate Administration • Living Wills • Estate Planning

DEBT WORKOUT Short Sale • Foreclosure Avoidance • IRS negotiations

phcatty@aol.com • SERVING THE COMMUNITY SINCE 1992 • www.lawforlocals.com

Is Your Business or Home Office Protected if Your Computer Crashes?



**BUSINESS SPECIAL
\$100 OFF YOUR FIRST SERVICE**

- Full Service Computer Protection
- Networking • Phone Systems
- Remote Access • Security



Call, email or visit our website to schedule your FREE computer and network health check.

860.740.0328
rob@technetcomputing.com
www.technetcomputing.com

Excursions

Holiday Extravaganza - Thursday, December 6 featuring "Christmas in Hawaii" Christmas Tree Shops, and Bright Nights. First travel to Chicopee, MA and the Hu Ke Lau Restaurant and Dinner Theater. Upon arrival, you will receive a Lei greeting by the Polynesian dancers. Then enjoy a complete luncheon with a choice of Prime Rib or Stuffed Boneless Chicken. Following lunch enjoy the "Christmas in Hawaii" show featuring Polynesian dancers, Christmas songs, and traditional Hawaiian Christmas dances. The second stop will be the Holyoke Mall and the Christmas Tree Shops, well-known to bargain shoppers. The final stop will be Bright Nights in Forest Park, which features more than 2.5 miles of magnificent lighting displays. The bus will drive by and through spectacular, whimsical places such as Seuss Land, North Pole Village, Victorian Village, Toy Land, Giant Poinsettia Candles, and more. The fee is \$76 per person. Fee includes deluxe motorcoach transportation, complete luncheon and Polynesian Show, and admission to Bright Nights, & Driver's Gratuity. Bus times will be announced ... leaves from HK HS and Killingworth Elementary School. There is no minimum needed, but there may be multiple pick-ups. Please call us at 860-345-8334 for more information or visit www.hkrec.com to register on-line.

**Searching for a new Home?
Let us help!**

Thank you to all of my clients for your continued business throughout the year.



Betty Martelle ... and Talbot
Specializing in Shoreline Homes
860-339-5251 cell: 860-333-7117
 website: bettymartelle.com
 33 Main Street, Old Saybrook, CT

WILLIAM RAVEIS

— REAL ESTATE • MORTGAGE • INSURANCE —
 The Largest Family-Owned Real Estate Company in the Northeast

Board of Assessment Appeals

Before the crush of the holiday season is upon us, it's a good time for all homeowners to review the assessment of their property. If you disagree with the town's assessment, you will have an opportunity to challenge it before the Board of Assessment Appeals. Here's what you need to know.

When you will need to apply: Applications will be available at the Assessor's Office beginning in mid-January. Completed applications must be returned to the Assessor's Office no later than the February 20, 2013 deadline.

When the hearings will be held: The Board of Assessment Appeals normally holds its hearings in March of each year. You will be notified of the date and time of your appointment via letter. If the appointment is inconvenient, the Board will try its best to accommodate your schedule.

What you will need to bring to the hearing: You should bring any evidence that supports your position i.e. a recent appraisal, invoices, contracts, photographs, maps, letters, etc. In addition, the Board may need to schedule a site visit to see the property first hand.

What happens next: An Action Letter with the Board's decision will be sent to you within 2 weeks of your hearing.

HADDAM NEWCOMERS' GUIDE

WELCOME TO OUR TOWN!

On behalf of *Events* Magazines, welcome to Haddam. Whether you are new to Connecticut or just new to Haddam, you will find wonderful people and places to visit in town. Whether you choose Haddam River Days, the Haddam Neck Fair, or the Youth and Family Services' "Pumpkin Run", Haddam has something for everyone.

Below are important phone numbers. Please tear out this page and keep it for future reference.

Events Magazines and Essex Printing support local businesses. Please use this guide and "Buy Local" - we do!

BUSINESS & PROFESSIONAL SERVICES

CHURCHES

First Cong. Church of Haddam860-345-2742
 Haddam Neck Cong Church860-267-4255
 Haddam Neck Covenant Church
860-267-2336
 Higganum Cong. Church860-345-4304
 Higganum United Methodist Church
860-345-4622
 St. James Episcopal Church.....860-345-2445
 St. Peter's Catholic Church860-345-8018
 Valley Bible Church860-345-8932

CLUBS AND ORGANIZATIONS

American Legion Post 75347-9575
 Haddam Junior Womens Club860-345-1002
 HK Recreation Department860-345-8334
 Middlesex County Community
 Foundation347-0025

CT STATE LEGISLATORS

Eileen Daily860-399-7342
 James Spallone860-767-8615

LIBRARIES

Brainerd Memorial Library860-345-2204

MUSEUMS/ATTRACTIONS

Shad Museum860-267-0388
 Thankful Arnold House.....860-345-2500
 Veterans Museum860-345-5105

POST OFFICES

Haddam Post Office860-345-4770
 Higganum Post Office.....860-345-2703

SCHOOLS

Haddam Elementary.....860-345-4551
 Burr Elementary860-345-4584
 H-K Middle School.....860-663-1241
 H-K High School.....860-345-8541
 Superintendent District 17860-345-4534

STATE PARKS

Haddam Meadows State Park.....860-424-3000
 Haddam Island State Park.....860-424-3000

USEFUL NUMBERS

Consumer Protection860-566-2294
 East Haddam Senior Center860-345-2480
 Youth and Family Services.....860-345-7498

ATTORNEYS

Peter H. Charbonnier Esq., LLC
860-526-1780
 Polito & Quinn860-447-3300

AUTO SERVICES

Eddie's Auto Body Specialists
860-873-9044

BANKS

Essex Savings Bank860-767-2573
 Liberty Bank - Higganum Office
860-345-4605

BUILDER / CONSTRUCTION

Cris Construction.....860-537-3155
 Mark Reeves, Builder860-388-3825
 Sapia Builders860-304-8383

COMPUTER SERVICES

TechNet Computing860-740-0328

DENTISTS

Keith E. Campbell, DMD....860-345-2282
 Higganum Dental860-345-4538

ESTUARY TRANSIT

9 Town Transit.....860-510-0429

EXTERMINATORS

Professional Exterminating Co., Inc.
860-388-4483

EYE PHYSICIANS

Middlesex Eye860-347-7466

FIREWOOD

J.R. Wiese Enterprise860-345-2529

HAIR STYLIST

Roseann Annino860-391-1193

HEATING & AIR CONDITIONING

Bentley Heating and
 Air Conditioning860-388-1967

HOSPITAL

Middlesex Hospital
www.middlesexhospital.org/homecare

INSURANCE

Archambault Insurance Co.
860-526-9587

MARKET

Grist Mill Country Market
860-345-4500

OIL

Foley Furnace Inc.860-345-3218
 Moroni & Son Oil Co.860-388-2298

PODIATRY

Haddam Foot Care Specialists
860-345-3674

PRINTER

Essex Printing860-767-9087

REALTY

Century21 Heritage, Leslie Strauss
860-526-1200
 Prudential CT Realty, Joyce Covone
860-608-1708
 William Raveis, Betty Martelle
860-333-7117

RETIREMENT LIVING

The Saybrook at Haddam ..860-345-3779

SHOPS

The Shoppes on Union & Main
860-333-7851

VETERINARIANS

Adorable Pets860-554-5588
 Higganum Veterinary Clinic
860-345-3366

WEIGHT MANAGEMENT

Ideal Weight Systems, LLC
860-554-5048

Want to be listed on the Newcomers' page?
 Call Betty Martelle at 860-333-7117

Town Clerk's Office

REMINDER - If you have forgotten, please be sure to pay your dog license fee so that you have the current tag. Our Animal Control Officer will be contacting you if you are delinquent. Fees: A neutered or spayed dog \$8.00, an unneutered or unspayed dog \$19.00 Kennel License is \$51.00, beginning July 1, a penalty fee will be charged for every month a resident is late in registering a dog. Licenses can be mailed once proof of current rabies vaccination and a spaying/neutered certificate are mailed to the Town Clerk at P.O. Box 87, Haddam, CT 06438, along with your fee. If you no longer have your dog, please let us know so that we may update our records. If you have any questions or concerns regarding licensing your dog(s) please call or email our office.

Transfer Station - is located on Route 154, just north of the Haddam Meadows State Park. If you do not have a private trash collection service, trash and recyclables should be brought separated to the Transfer Station. To assure that only Haddam residents use the Transfer Station, a current Haddam sticker must be displayed in order to use the facility. Stickers are good for the fiscal year (July through June) and may be purchased for a \$50 fee from the Town Clerk at the Town Office building. The operators of the Transfer Station are licensed by the State and will assist residents to assure compliance with the recycling law. Hours: Wednesday, 8:00 am - 3:45 pm, Saturday, 8:00 am - 3:45 pm, Sunday, 8:00 am - 11:45 am. All Transfer Station permits expire July 1st.

To insure that there is a clear understanding of the rules, please read: Permit must be clearly displayed and adhered to the driver's side window shield. Registration must be written on the permit itself. Any vehicles without a current permit or without a sticker on vehicle will not be allowed to leave its contents at the Transfer Station. Loose permit stickers will be required to be applied to the vehicle before dumping or vehicle will be turned away.

In order to purchase a Transfer Station Permit, please come to the Town Clerk's Office and have the following available: Proof of residency, automobile registration, \$50.00 payment; cash or check - no credit or debit cards.

Persons may purchase additional stickers for their household with the following information: Proof of residency, automobile registration, \$50.00 payment. Cash or check - no credit or debit cards.

Clean Recyclables are Important! Dirty materials can't be recycled and can attract nuisance insects and animals. Please take care in what you recycle so as not to contaminate the load. What to Recycle: Newspapers, magazines & catalogs, cardboard, mixed office paper, food and drink containers, telephone books, leaves, brush, motor oil, antifreeze, tires, scrap metal, Electronics and some bulky waste.

Contractor Bulky Waste Vouchers - You must have a transfer station permit plus the bulky waste voucher. Vouchers are available in the Town Clerk's Office at a cost of \$10/each or

a book of 12 for \$100.00 - limit two loads per day. In order to purchase bulky waste vouchers please come to the Town Clerk's Office and have the following available: Proof of residency, Automobile registration, Transfer Station Permit and voucher payment. Cash or check - no credit or debit cards.

Swap Shop is Now Open!

Sportsmen - 2012 Sports licenses are available. Information regarding regulations, permits, conservation education/firearms safety courses are available on line at <http://www.dep.state.ct.us> all "age 65 and older" Free fishing, hunting and trapping licenses obtained since October 1, 2009 must now be renewed annually. Marine Waters Fishing Licenses are required for anyone 16 years of age or older fishing from shore or from a boat in the marine district or landing marine fish or bait species in Connecticut taken from offshore waters. Licenses are issued on a calendar year basis and expire on December 31st. Please see Marine Waters Fishing License FAQ page for more information. Any active, full-time member of the armed forces may be issued a fishing and/or small game firearms license for the resident fee. Credentials indicating active full-time membership or separation subsequent to the issuance of the license and prior to its expiration date must be carried while fishing or hunting. Issuance of a free license to the blind or intellectually disabled requires proof of disability in the form of a certificate provided by any person licensed to practice medicine in this state. Any resident with the loss of a limb or the loss of the use of a limb and a doctor's certificate may be issued a free license. Qualified nonresidents who are residents of states which allow CT residents the same privileges are also eligible.

Marriage License Information - State of CT - The Connecticut license must be obtained in the town which the marriage will take place. You will be asked to show your driver's license, or other form of legal identification. There is no waiting period; the marriage many take place at the time the license is issued. The marriage must take place within 65 days of issuance of the license. The partners do not need to appear at the same time but both must come in and sign the license in person. Cost for a marriage license is \$30.00. The cost for a certificated copy of the license is \$20.00.

*Ann P. Huffstetler, CMC, CCMC, Town Clerk
Anna D. Riebold, Assistant Town Clerk*

[Office Hours: Monday - Wednesday 8:30 to 4:00 - Thursday 8:30 to 6:30 - Friday 8:30 to Noon. Phone (860)345-8531 Ann ext. 212, Ann R. ext. 211 Fax (860)345-3730. Email addresses: Ann Huffstetler, townclerk@haddam.org, Ann Riebold, townclerkasst@haddam.org]

Volunteers Support Education in Higganum

Middlesex United Way's annual Days of Caring were held the first two weeks of October, and on Oct. 4, a team of employees from ATD Wireless Zone, Carlson & Dumeer LLC, Clean Choice Commercial Cleaning LLC volunteered building garden beds at Burr District Elementary School in Higganum.

Middlesex United Way Day of Caring is an annual event that matches groups of volunteers from local companies with meaningful volunteer projects that advance the common good. Middlesex United Way's focus areas are education, income, health, and housing; this year, Day of Caring projects support education by connecting companies to local schools. Over several days, teams are volunteering at nine schools in six Middlesex County towns. Volunteers are doing storytelling, reading, and activities with children in the classroom;



Volunteers from ATD Wireless Zone, Carlson & Dumeer LLC and Clean Choice Commercial Cleaning LLC volunteered building garden beds at Burr District Elementary School in Higganum as part of Middlesex United Way Day of Caring Oct. 4.

speaking about their careers; and improving the learning environment for children through gardening, mural, and other projects.

Teams of volunteers from local companies donate their time to these volunteer projects. Participating companies include ATD Wireless Zone, Brown & Brown of CT, Carlson & Dumeer LLC, Citizen's Bank, Clean Choice Commercial Cleaning LLC, GKN Aerospace Services Structures Corp, Liberty Bank, Middlesex Hospital, Rolls-Royce Naval Marine, Inc, Russell Library, TD Bank, Tower Laboratories LTD, and Wesleyan University.

Middlesex United Way is a locally based organization dedicated to strengthening lives, helping people, and improving community conditions in the fifteen towns in Middlesex County. To learn more, visit middlesexunitedway.org or [facebook.com/middlesexunitedway](https://www.facebook.com/middlesexunitedway).

**J.R. Wiese
Enterprise**

FIREWOOD
Cut
Split
Delivered

860-345-2529

Jack & Lisa

18 Leon Burr Road
Higganum, CT 06441

Century 21
Heritage Company

*Go With Our
Winning Gold
Team!*

Full Buyers / Seller Services:
Leasing, Commercial,
Land and Residential
Sales in the Lower
Connecticut River Valley.

www.C21Heritage.com

860.526.1200

16 Main Street
Chester



CRIS
CONSTRUCTION

**Your Roofing
Specialist**

**Over 30 Years
Roofing Connecticut**

ROOFING
LEAK REPAIR
DECKING
SEAMLESS GUTTERS

CHRIS COVONE
860-537-3155
CT Lic# 556258

A New Dimension in MRI Comfort

Middlesex Hospital Now Offers a “Wide-Open” MRI System. Are you claustrophobic? Can you tolerate having a CT scan? If so, you can now comfortably get an MRI at Middlesex Hospital, with its new “wide-open” MRI. Even for people who are not claustrophobic, the wide-open MRI provides a much more comfortable space during the exam than in the past.

“Open” vs. “Wide-Open” MRI -

Many people believe that having an “open” MRI can eliminate the claustrophobia they feel when having the same test in a traditional MRI unit. These types of “open” MRI systems are only open on the sides, and the top of the magnet is still very close to the body. In addition, these MRIs are also usually “low-field” MRIs, and although they do give patients more room during the test, they also have a significant drawback - it takes a lot longer to obtain the same image quality as traditional, “high-field” MRI machines. To cut down on exam times, some lower-field MRI systems may not have the same image quality as a state-of-the-art, higher-field system.

Middlesex Hospital only uses high-field MRI machines, since they produce the clearest images - because the higher the field strength, the better the quality of the images produced. However, the opening in these traditional machines is considered too small by some larger or claustrophobic patients to allow them to be comfortable during the exam.

All that is changing at Middlesex Hospital. As of September, the Hospital now offers a new dimension in patient comfort - in its wide-open bore, high-field MRI that combines a much larger bore (circular opening) size and a much shorter “tunnel” (length). The new MRI looks just like a CT scanner, only a foot longer. The new wide-open bore design accommodates all sizes (up to a 550-pound patient) eliminating anxiety and claustrophobia. For many exams, both the feet and head remain outside the machine. The newer technology combines an open feel with the ability to capture high-field quality diagnostic images. In addition, the new MRI is quieter and may require less time to capture the necessary images.

Why should patients care about the quality of their MRI images? When your doctor orders an MRI, he or she is looking to get as clear a picture as possible of what is going on in your body. The best way to get a clear picture is to use the type of technology that provides physicians with crisp and clear



photos of the anatomy.

“This is great news for patients who may have chosen to receive a low-field, open MRI in the past,” said Laurel Patt, Middlesex Hospital Director of Radiology.

“These patients can now feel assured that if they get an MRI here at Middlesex Hospital, they won’t have to worry about their size or the fact that they may be claustrophobic. Our new machine offers both patient comfort and convenience, while still giving

physicians the best possible image quality.”

The new “wide-open” MRI system at the Hospital is currently operational. In addition, the current MRI scanner at the Outpatient Center on Saybrook Road in Middletown will be replaced with a new, “super-high-field strength” MRI. This new MRI has double the field strength and can produce even clearer, more detailed images. It will be operational at the beginning of March 2013. The new Shoreline Medical Center in Westbrook will also have a brand new, stationary MRI system operational when construction of the facility is completed in 2014.

When using the new, wide-open MRI systems at Middlesex Hospital, patients will be comfortable, experience less noise, spend less time in the machine and can still be sure that their doctors will get the highest quality medical imaging. In other words, patients now have the best of all possible worlds at Middlesex Hospital if they need to have an MRI.

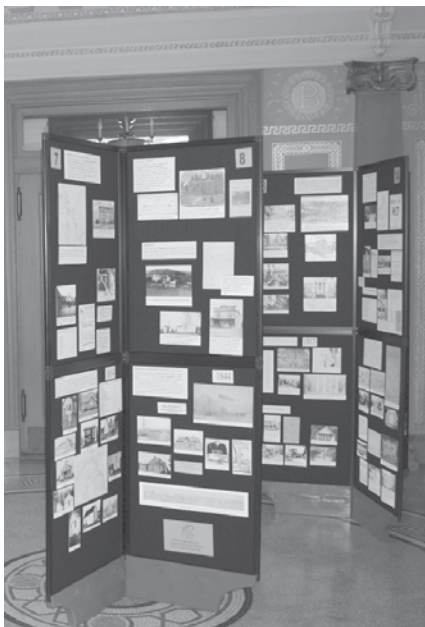


Haddam Historical Society

“An Arnold Family Christmas” at the Thankful Arnold House Museum. During the holiday season, see how four different generations of the Arnold Family celebrated the holidays from 1830 to 1960. \$10 admission per person/ \$25 per family. 1 pm to 4 pm. December 1,2,8,9,29 & 30 at the Thankful Arnold House Museum, located at 14 Hayden Hill Road, Haddam. www.haddamhistory.org / 860-345-2400.

The kitchen will reflect how Thankful observed the holiday in 1830 and the front parlor will show how her daughter Nancy marked the season around the time of the Civil War. The back parlor will show the late Victorian period when Sabra Arnold Ingersoll resided in the house and the ell will feature a 1950s Christmas complete with Bing Crosby, hula-hoops and tinsel Christmas tree. Visitors can walk through each room and experience how the holiday has evolved over the last 150 years.

Haddam 350 Exhibit - The Haddam 350 Traveling Exhibit will make its final appearance in December at Brainerd Memorial Library. The display, funded in part by a generous grant from the Middlesex County Community Foundation and produced by the Haddam Historical Society, has traveled throughout town for the past eleven months visiting schools, churches, the senior center, and Haddam Neck Fair to name a few. We hope that many



town residents had the opportunity to view the exhibit and learn more about Haddam and its accomplishments of the last 350 years.

You are part of Haddam’s history! In December we will have space on the exhibit for residents to bring in a photo or picture of a person, place, event or thing which demonstrates

what “Haddam, Higganum, or Haddam Neck” means to you?

The mission of the Haddam Historical Society is to preserve, collect, interpret and promote the history and heritage of Haddam for present and future generations. Our web site is www.haddamhistory.org and we are on Facebook.





New Service in Haddam!

**Public Transportation for all ages serving
Chester, Clinton, Deep River, Essex,
Haddam, Killingworth, Lyme, Old Lyme,
Old Saybrook & Westbrook**

Connections to Southeast Area Transit buses in New London,
CT Transit New Haven in Madison, Middletown Transit
and CT Transit Hartford in Middletown

Call 860.510.0429
www.9towntransit.com



9 Town Transit is Operated by the
Estuary Transit District

A Love Story about Local

Did you have a garden this year? Lots of us are becoming successful gardeners and others, not so much, but appreciate home grown and homemade foods. Some have tomatoes enough to fill a swimming pool! At our house, my husband tries every year to grow pumpkins, or winter squash, but no matter how much attention he gives them, they just go kaput in our yard (or else they spring up as volunteers in the weirdest places). Yet, we know where to find the very best locally grown squashes and more. It is no secret, but in case you didn't know, there's a farmers' market in Haddam every Friday from the beginning of June to the end of October. Going strong, and born out of necessity, the market has maintained a commitment to being local and bringing you local, for four years.

The weekly Higganum Village Farmers' Market event is the best example of a "mutual admiration society," on many levels. We endeavor to keep our local farmers farming, first and foremost, but it's also good for all of us. Money spent there helps support local farmers and other fine food makers and a few artisans, but this money likely gets spent locally too. Finally, as a society, we may all have differences, yet we all have one thing in common; we all have to eat. So why not eat good foods, locally grown, and good for you, too? It may surprise you that the prices of produce are now more competitive with bigger grocery stores, and the more you visit, the savvier you become on what's in season.

The HVFM has always aimed to bring fresh foods to our local townspeople, and more. Of course, it takes some planning, attention to detail and broad shoulders to put on a market every week—plus two indoor markets before the holidays. There are scheduling headaches, budget concerns, and diplomacy issues - not to forget - Mother Nature! But the reason we do this is because we believe in local.

Freshness, Flavor and Fuel and Food Safety

Before it reaches you, most produce takes a 1,000 mile trip – or more. Most factory farm produce is picked before it is fully ripe and is very likely grown from "super seeds" so that it stays "looking good," to withstand bumps and bruises from handling and shipping. When you buy locally grown produce and foods you are getting quality foods while lessening the carbon footprint. You are getting something at its peak nutrition and flavor, too.



Local People, Local Farms, Local Economy

One of the best reasons to buy local is that you are helping your local farmers keep growing food for our state and our region. You are keeping farmland in production and preserving our farmland for crops. If there was an interruption in

the food supply from California and other parts of the world – we would need to rely on local foods more than ever. This is also an investment in our local community; money spent here usually stays here. And, our Connecticut Farmers are diversifying their croplands; they grow what consumers want because they have a direct link to you!

Buying local means you can talk directly to the farmer who tills the soil, plants the seed, and harvests your food. You get to find out what foods are grown and how they are grown. This relationship between farmer and consumer is a vital link in getting all of us to be smarter about what foods we eat and gets us a little further away from processed foods.

One thing no one wants to think about is contaminated foods. Bagged produce with salmonella bacteria, tainted eggs, hamburger with ecoli – these things are less likely to happen when you purchase locally grown food. Farmers do not have to maintain factory farm production numbers with large herds and so do not use the antibiotics and growth hormones associated with getting foods to market sooner to turn a faster profit. Local farmers raise animals and offer produce for foods on a much more personal and smaller, family-farm basis and are in-touch with their crops, be they animals or plants. Dairy farmers know the names of their herd!

When people are knowledgeable about food choices, they are generally healthier, too. Buying local food is wise for you every way you look at it.

The market is a place where friends run into friends; new friends of course, are made at the market, and teenagers get a safe place to meet their friends on a Friday after school and get some Community Service hours. Note to High-Schoolers; we would love to see more of you! Out-of-towners are amazed they stumbled onto our little green jewel-box oasis and some even tell us how glad they were to have "come back to Higganum." It's a nice place to see people and their dogs on leashes, and younger kids unleashed on the green where they can all unwind on a Friday, too.

continued on next page

Love Story ... continued from previous page

We have brought public outreach programs to the market; A State of Farming, No Child Left Inside, Nutrition 101, and our annual Politically Speaking afternoon, to name a few. We've put on some fun events as well; Dog Day in the Park is a huge crowd pleaser, along with our very successful Goin' Green on the Green event; which unfortunately, got monsooned-out this year.

A Taste of Things to Come

Thanks to another State of Connecticut Agriculture Viability Grant this year, we'll be working on a couple of projects during our winter months. The Farmers' Market Trail and Visitors Map for the Lower CT River Guide will enable those people who visit any farmers' market in Middlesex County, to find all the markets, plot out their journey and plan their shopping accordingly for a mini-vacation. Sprinkled throughout the brochure will be off-the-beaten-path places to stop. Tourism is a big economy booster and this guide will make our towns a little better known. In addition next spring, we'll partner with Haddam-Killingworth Youth and Family Services, and produce another family oriented education program geared towards planting gardens for food.

The Higganum Village Farmers' Market is not going to make us smarter or healthier overnight, but we feel strongly that we're doing something good for our community, and we want to keep doing this for you. We invite you to contact us on our Facebook Page, or through one of the website contacts, and let us hear from you. Tell us what you think and want to have at the Market. Come by to meet our Market Manager, Gail Reynolds, who is always happy to show you around. While you are there, think about joining us as a volunteer. "Many hands make light work," as the saying goes. We'd love to have you participate in the conversation of food, and healthy choices, and ensuring local foods are a priority for our state and region, too.

As we near the end of 2012, we say, "THANK YOU!" to the Town of Haddam for your continued support, and to all our loyal patrons and vendors for making the Higganum Village Farmers' Market a success. Here's to the best "local buzz," (more about the honey bee next year, too) and a Happy and Healthy 2013 for us all!

Please visit our Facebook page for up to date information and sign up on our website for our weekly newsletters, at: www.higganumvillagefarmersmarket.org.

Reminder: Two Indoor Markets coming! November 16th and December 21st from 3:30 to 6:30 pm at the VFW POST 10690 Haddam Community Center (formerly, the old Higganum Fire Station), directly across from the Green.

*Deb Umba, Chairwoman
Higganum Village Farmer's Market*

Ideal Weight Systems, LLC

"Your Last Diet"

Weight Management & Wellness Center

415 Killingworth Road
Suite #5
Higganum, CT 06441

Theresa Kennedy, RN, BSN
Valerie Wyzykowski, RN BSN

By Appointment

860-554-5048

fax: 860-554-4149

www.idealweightsystems.com

PROFESSIONAL EXTERMINATING COMPANY INC.

*Richard Cusano • Proprietor
Locally Owned & Operated*

Residential & Commercial

**Customized Programs
to Fit Your Needs**

- Termites • Carpenter Ants
- Carpenter Bees • Squirrels
- Wasps

ALL WORK CONFIDENTIAL - UNMARKED VEHICLES - V.A. & F.H.A. CERTIFICATION FOR TERMITE INSPECTION - PRICES QUOTED OVER PHONE



Lic. #B-0557



860-388-4483

www.profect.com





Joyce M. Covone

**REALTOR, ABR
Multi-Million Producer**

87 Broadway
Colchester, CT
06415

cell: 860-608-1708
direct: 860-537-3155

email:
joycecovone@prudential.com



The
next
deadline
for
Haddam
Events
is
December
21



- Comprehensive Routine & Surgical Eye Care
- Cataract & Glaucoma Surgery
- Lasik Surgery
- Cosmetic Rejuvenation procedures
- Full Optical Shop in select locations

**Roger Luskind, MD
Elizabeth Rocco, MD
Peter Shriver, DO
Raji Mulukutla, MD
Kristy Mascarenhas, MD**

Middletown
400 Saybrook Road, (860) 347-7466
Optical (860) 347-8300
Westbrook
4 Grove Beach Road, North (860) 669-5305
Optical (860) 664-8089

East Hampton
240 Middletown Avenue
(860) 295-6440

www.middlesexeye.com

Put your business on the map
with *Events* quarterly
magazines.

Delivered to
every home.

163,000
readers.

To advertise,
call us at
860-767-9087.

www.eventsmagazines.com



Love the Essex Printing Desk Calendar?

Let us
personalize it
for you!

We'll put your logo
and information on each
calendar page, plus one
page for greeting and information.



Pricing*

10 | 25 | 50

\$65 | \$115 | \$145

(\$6.50 ea) (\$4.60 ea) (\$2.90 ea)

*Using Essex Printing's images and calendar layout, standard jewel box (5x5½"), assembly required. Please allow 2 to 3 weeks for proofing/production.

Deadline for holiday giving: Dec. 3, 2012.

Special pricing for custom images and calendar assembly.

Minimum order of 10.

Essex Printing 18 Industrial Park Road, Centerbrook, CT 06409
860-767-9087 www.essexprinting.com



HADDAM EVENTS
 Haddam Town Office Building
 30 Field Park Drive
 Haddam, CT 06438

PRSR STD
 U.S. POSTAGE
 PAID
 PERMIT NO. 155
 DEEP RIVER, CT

HADDAM POSTAL PATRON



We Star in Loans with Great Rates

At Essex Savings Bank, we offer the loans you need to build a business, purchase or refinance a home, undertake home improvements, buy a car, pay tuition, and make your dreams come true.

In addition to great rates, our lending programs have convenient and flexible features including:

- ★ One-closing fixed rate construction to permanent loans
- ★ Home equity loans with either a fixed or variable interest rate
- ★ Access to home equity credit lines when needed

Talk to us today to see why Essex Savings Bank is known as the "Loan Star." Take advantage of our great rates and attractive features combined with personal service and knowledgeable loan officers.

Consumer Loans

- ★ Mortgage
- ★ Construction
- ★ Home Equity
- ★ Line of Credit
- ★ Collateral
- ★ Automobile
- ★ Personal

Business Loans

- ★ Commercial Mortgage
- ★ Construction
- ★ Commercial Term
- ★ Line of Credit
- ★ SBA



Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238
 Madison, 99 Durham Road, 203-318-8611 • Old Saybrook, 155 Main Street, 860-388-3543
 Old Lyme, 101 Halls Road, 860-434-1646
 Call Toll-Free: 877-377-3922 • www.essexsavings.com

Member FDIC

